



JOB POSTING: Nutritionist, Go!Healthy Eat Smart New York Program (*Part-time*)

POSITION SUMMARY:

The Children's Aid Society (CAS) helps children in poverty to succeed and thrive. We do this by providing comprehensive supports to children and their families in targeted, high-needs New York City neighborhoods. In 2003, CAS launched a number of programs aimed at preventing and slowing the rates of childhood obesity in the communities we serve. The programs come together under the umbrella of Go!Healthy, a comprehensive obesity prevention and health promotion initiative that engages children from birth through adolescence, as well as parents and staff. For information about the Go!Healthy programs, please visit: www.childrensaidsociety.org/nutrition

The Go!Healthy Eat Smart NY program is the newest addition to the CAS Go!Healthy portfolio of programs. It is a Supplemental Nutrition Assistance Program (SNAP) Nutrition Education and Obesity Prevention program, which aims to improve eating habits and physical activity behaviors among the youth and families served by The Children's Aid Society. The intervention will include: behaviorally focused, evidenced-based nutrition education classes and food demonstrations with children and adults, the implementation of policy and environmental strategies to facilitate the adoption of healthy nutrition and physical activity behaviors, and the use of social marketing and media.

We are seeking a part-time nutritionist (15-20 hrs/week) to implement nutrition education and obesity prevention activities with youth, their caretakers, and Children's Aid staff members. The nutritionist will report to the Program Manager for the Go!Healthy Eat Smart NY program. The nutritionist will be responsible for implementing a variety of program components, including: the implementation of nutrition and cooking education classes with youth and parents, leading program promotional table with nutrition information and food samples, hosting staff workshops on healthy eating and positive role modeling, coordinating with partners around community gardening, among other duties; the nutritionist is the resident health and wellness advocate at the center. Implementation will occur at The Children's Aid Society's at the Frederick Douglass Center (885 Columbus Ave, @ 104th St).

The ideal candidate will be bilingual (English/Spanish) and a dynamic educator with significant experience providing cooking-based nutrition education in community settings to culturally diverse audiences. Specific responsibilities include:

RESPONSIBILITIES:

- Assist with the implementation of trainings and professional development workshops for program staff.
- Implement nutrition and cooking education with youth and adults.
- Host educational tables and cooking demonstrations at community events and fairs.
- Assist with the implementation of program monitoring and evaluation activities.
- Assist with administrative duties as needed.
- Community health and wellness advocate: be available for and willing to answer questions/facilitate discussion.

SKILLS AND QUALIFICATIONS:

- Candidate must be bilingual (written and oral) in English and Spanish.
- A minimum of 15 credits of nutrition classes required. Master's degree in nutrition, public health or related field is preferred. Registered Dietitian or eligible is a plus.
- Experience conducting nutrition and cooking education with youth and adults.
- Passionate and dynamic educator who connects well with and inspires people of diverse ages and backgrounds.
- Energetic, with great capacity to prioritize and juggle multiple projects efficiently.
- Excellent communication skills, both verbal and written.
- Loves working in a team and values cultivating a strong team dynamic.
- Organized, detail-oriented and self-motivated.

To apply, please submit your resume and cover letter via email to: Beth Bainbridge, MPH, RD, Program Manager, Go!Healthy Eat Smart New York Program, bbainbridge@childrensaidsociety.org